A FACT SHEET ABOUT
SEXUAL ASSAULT

Many statutes, including New Hampshire’s, now define sexual assault as non-consensual sexual contact or penetration by physical force, by threat of bodily harm, or when the victim is incapable of giving consent by virtue of mental illness, mental retardation, intoxication or being under the age of consent (16 years old in New Hampshire). Legally, acquaintance rape carries the same penalties as sexual assault committed by a stranger.

Sexual Assault in New Hampshire

In 2006, 2,041 people sought support services from the 14 members of the NH Coalition Against Domestic and Sexual Violence.

According to the NH Violence Against Women Survey:

- Nearly one in four women have been the victim of sexual assault at some point in their lifetime. Nearly a fifth of New Hampshire women were the victim of sexual assault with penetration.
- Sexual violence is a crime in which youth are particularly at risk. Forty one percent of the most recent sexual assaults reported in this survey occurred before the victim’s 18th birthday, and 83% occurred before the age of 25.
- The majority of the victims of sexual and/or physical violence knew the perpetrator of their most recent assault.
- Consistent with other research, women reporting multiple types of abuse also reported poorer physical health. Women who report having a chronic disease or medical condition were more likely to report sexual and physical violence than women who do not report having a chronic disease or medical condition.

Sexual Assault in America

- According to the Department of Justice statistics a sexual assault occurs every 2.5 minutes in this country.¹
- A national survey found that 1 in 33 men experienced a completed or attempted rape at some point in their lifetime.²
- In 2004, 35.8% of rapes and sexual assaults were reported to the police. Among female victims of rape and sexual assault, 67% of the crimes were committed by intimates, other relatives, friends or acquaintances.³
- Between one-third and one-half of all battered women are raped by their partners at least once during their relationship.⁴
- The age at which a female is at greatest risk for rape or sexual assault is 14.⁵
- According to the results of a 2003 national survey of students in ninth through 12th grades, 9% of students had been physically forced to have sexual intercourse.⁶
- Among college students nationwide, between 20% and 25% of women reported experiencing completed or attempted rape.⁷
- There is a relationship between victimization as a minor and subsequent victimization: Women who reported they were raped before age 18 were twice as likely to report being raped as an adult.⁸

The Impact of Sexual Assault

- Victims of Sexual Assault are:
  - Three times more likely to suffer from depression
  - Four times more likely to be suicidal
  - Six times more likely to suffer from post-traumatic stress disorder (PTSD)
  - Twenty-six times more likely to abuse drugs.⁹
- According to the Incidence and Economic Burden of Injuries in the United States sexual violence cost the nation $187 billion in 2000, 55% of that, involving victims under the age of 25. These costs were more than the cost of impaired driving ($114 Billion)¹⁰

Updated 1/2008 - Printing finance with funds provided in part or in whole by the State of NH and/or United States Department of Health & Human services.
The 14 member programs of the New Hampshire Coalition Against Domestic and Sexual Violence assist survivors of sexual assault, domestic violence, and stalking, and members of their families, with 24-hour crisis lines, emergency shelter, counseling, support groups, and help dealing with police, medical, and court personnel. We do not discriminate based on gender, age, health status (including – HIV positive), physical, mental, or emotional ability, sexual orientation, gender identity/expression, socio-economic status, race, national origin, immigration status, or religious or political affiliation. The crisis centers also provide speakers and educational programs to community groups.

**NHCADSV MEMBER PROGRAMS**

- **RESPONSE to Sexual & Domestic Violence (1-800-277-5570)**
  Berlin, Colebrook, Lancaster
- **The Support Center at Burch House (1-800-774-0544)**
  Littleton, Woodsville
- **Starting Point (1-800-336-3795)**
  Conway, Ossipee
- **Voices Against Violence (603-536-1659)**
  Plymouth
- **WISE (Women’s Information Service) (1-866-348-WISE)**
  Lebanon
- **New Beginnings: A Women’s Crisis Center (1-800-277-5570)**
  Laconia
- **Turning Points Network (1-800-639-3130)**
  Claremont, Newport
- **Sexual Harassment and Rape Prevention Program (SHARPP)**
  University of New Hampshire (1-866-233-SAFE (7233))
  Durham
- **Rape and Domestic Violence Crisis Center (1-800-277-5570)**
  Concord
- **A Safe Place (1-800-854-3552)**
  Portsmouth, Rochester, Salem
- **Sexual Assault Support Services (1-888-747-7070)**
  Portsmouth, Rochester
- **YWCA Crisis Service (603-668-2299)**
  Manchester, Derry
- **Monadnock Center for Violence Prevention (1-888-511-6287)**
  Keene, Jaffrey, Peterborough
- **Bridges: Domestic & Sexual Violence Support (603-883-3044)**
  Nashua, Milford

**NH Coalition Against Domestic and Sexual Violence**

PO Box 353, Concord, NH 03302
(603-224-8893)


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i RAINN calculation based on USDOJ NCVS data. (see [http://www.rainn.org/statistics/minutes.html](http://www.rainn.org/statistics/minutes.html) for further information)


viii See [ii]
