

National Crime Victims' Rights Week

2019 New Hampshire Social Media Toolkit

April 7th - 13th, 2019

*TAKE ACTION.
STAND WITH NH CRIME VICTIMS.
TOGETHER WE CAN MAKE A DIFFERENCE.*

National Crime Victims'
Rights Week

Honoring Our Past.
Creating Hope
for the Future.

APRIL 7-13 • 2019





Overview

National Crime Victims' Rights Week (NCVRW)

NCVRW will be commemorated April 7–13, 2019. This year's theme—Honoring Our Past. Creating Hope for the Future.—celebrates the progress made by those before us as we look to a future of crime victim services that is even more inclusive, accessible, and trauma-informed. Join The Office for Victims of Crime and communities across the United States this April to raise awareness of victims' rights and services, highlight local programs, celebrate progress achieved, and honor victims and the professionals who serve them.

Learn more here: <https://ovc.ncjrs.gov/ncvrw2019/>

Join Us!

Each year, the NH Department of Justice, the NH Coalition Against Domestic and Sexual Violence, and Victims, Inc. work collaboratively with victim service agencies across the Granite State to recognize NCVRW. In 2019, we're inviting YOU to join us in taking action on social media by sharing critical information about crime types, the realities facing NH crime victims, and the resources and services available to victims across our state. Enclosed you will find draft social media posts for Twitter and Facebook that we encourage you to share on your organization's platforms during NCVRW 2019.

Follow us!

For more information about NCVRW and the agencies who serve NH victims, please follow the sponsoring organization on social media at:

NH Department of Justice: [@NH_DOJ](https://twitter.com/NH_DOJ)

NH Coalition Against Domestic and Sexual Violence: [@NHCADSV](https://twitter.com/NHCADSV)



Pre-Kickoff - Saturday, April 6th

Theme:

Prior to the kickoff of National Crime Victims' Rights Week on Sunday, April 7th, spread the word about this year's initiative by sharing the below information on your Twitter and/or Facebook.



Twitter:

Sample Post #1:

National Crime Victims' Rights Week starts tomorrow. #NH has a proud & longstanding history of standing w/ victims of crime. From 4/7- 4/13 we look forward to celebrating the progress we've made & sharing information about the inspirational work being done by agencies in NH. #NCVRW2019



Facebook:

Sample Post:

National Crime Victims' Rights Week begins tomorrow and will take place from April 7th - 13th. Starting tomorrow, we will be joining the New Hampshire Attorney General's Office, the New Hampshire Coalition Against Domestic and Sexual Violence, and Victims' Inc. in celebrating the progress that we've made in our state to support victims of crime. We encourage Granite Staters to join us in sharing information about the inspirational work being done by agencies across New Hampshire. Together we can improve our statewide response to victims in their time of need and ensure services are inclusive, accessible, and trauma-informed.

#NCVRW2019

Day 1 - Sunday, April 7th

Theme:

The focus of Day 1 is trauma. Although each victim/survivor's experience is unique, responding to trauma as a result of the crime is a common thread that many share. Today, we aim to raise awareness about the realities of trauma and NH resources.



Twitter:

Sample Post #1:

National Crime Victims' Rights Week starts TODAY! Join us in standing with NH victim/survivors of crime by supporting victims in your life, sharing information about resources in #NH. Learn more & take action here:

<https://www.nhcadsv.org/ncvrw-resources.html> OR follow @NHCADSV & @NH_DOJ #NCVRW2019

Sample Post #2:

During #NCVRW2019, we recognize that each victim's experience is unique, but enduring trauma is something many victims have in common. Trauma is a psychological, emotional response to an event or experiences that are distressing & the person feels they have no control over.

Sample Post #3:

Trauma as a result of victimization does not discriminate & we all respond to trauma differently. The #NH Victims' Compensation Program helps victim/survivors of violent crime w/ expenses directly related to crime injuries. Learn more here: <https://bit.ly/2Hoas2H> #NCVRW2019

Day 1 - Sunday, April 7th



Facebook:

Sample Post:

As we begin National Crime Victims' Rights week, we would be remiss if we didn't start our conversation with trauma. Trauma is defined as a psychological, emotional response to an event or experiences that are distressing and over which the person feels they have no control. When putting this definition into practical use, it can refer to something upsetting such as being involved in an accident or suffering from illness. The more extreme end of this spectrum could include experiences that are severely damaging such as assault or losing a loved one.

Trauma has no boundaries with regards to age, gender, socioeconomic status, race, ethnicity or sexual orientation. It has the potential to affect all of us. As such, we all react to trauma in different ways, experiencing a wide range of physical and emotional reactions.

There is no 'right' or 'wrong' way to think, feel or respond. A person's response to trauma is a normal reaction to abnormal events.

Here are some symptoms of trauma

- *Anxiety and fear*
- *Social isolation and withdrawal; Feeling disconnected or numb*
- *Fatigue and exhaustion*
- *Panic attacks*
- *Difficulty concentrating*
- *Depression*
- *Anger*
- *Nightmares or insomnia*

The symptoms of trauma can have both short and lasting effects. Trauma places a heavy burden on those directly affected, their family and friends, as well as the community as a whole. For this reason, the need to address trauma is an integral part of the healing and recovery process for victims.

Follow the @NHCADSV AND the NH Department of Justice for more information about resources and how you can take action! Learn more about #NH resources here:

<https://www.nhcadsv.org/ncvrw-resources.html>

#NCVRW2019

Day 2 - Monday, April 8th

Theme:

The focus of Day 2 is sexual assault. April is Sexual Assault Awareness Month and on 4/8, we encourage you to raise awareness about sexual assault and the NH resources available to victim/survivors.



Twitter:

Sample Post #1:

This week is National Crime Victims' Rights Week & April is also Sexual Assault Awareness Month. Join us in standing with the 1 in 4 women & 1 in 20 men in #NH who have been sexually assaulted. Learn about the realities of sexual assault: <https://bit.ly/2TBxCZO> #SAAM#NCVRW2019

Sample Post #2:

Last year, @NHCADSV's 13 crisis centers served over 2,575 adult victim/survivors of sexual violence. We stand w/ #NH victim/survivors of sexual assault & would like to remind everyone that support is available 24/7 on the statewide hotline: 1-800-277-5570. #NCVRW2019#SAAM2019

Sample Post #3:

1 in 5 women, 1 in 10 men & 1 in 4 transgender college students will be sexually assaulted. The #NH Campus Consortium Against Sexual & Interpersonal Violence works tirelessly to improve the response to violence on our campuses. Learn more: <https://bit.ly/2TPy1XC> #NCVRW2019#SAAM

Sample Post #4:

Medical care is available for #NH victims of sexual assault. Sexual Assault Nurse Examiners (SANE) provide trauma-informed medical care to survivors in NH hospitals. Learn more about the NH SANE Program & medical care for survivors: <https://bit.ly/2TyrK3o> #NCVRW2019#SAAM

Day 2 - Monday, April 8th

Sample Post #5:

The #NH Victims' Compensation Program helps victim/survivors of sexual assault pay for a forensic and/or medical exam; STD testing & treatment; HIV testing & preventive treatment; & follow-up sexual assault exam w/ a physician. Learn more: <https://bit.ly/2Hoas2H> #NCVRW2019#SAAM



Facebook: Sample Post:

This week is National Crime Victim Rights' Week AND April is Sexual Assault Awareness Month. Did you know that 1 in 4 women and 1 in 20 men in New Hampshire will experience sexual assault? We stand with victim survivors in the Granite State and would like to share information about services available to survivors across our state.

Crisis center advocates are available 24/7 to provide free and confidential support on the statewide statewide hotline at 1-800-277-5570.

Together we can eliminate sexual violence in #NH.

Additional resources:

NH crisis centers: <https://bit.ly/2CcQHpt>

NH Victims' Compensation Program: <https://bit.ly/2Hoas2H>

NH SANE Program & Medical Care for Survivors: <https://bit.ly/2TyrK3o>

*NH Campus Consortium Against Sexual and Interpersonal Violence:
<https://bit.ly/2TPy1XC>*

More information about sexual assault: <https://bit.ly/2TBxCZO>

#NCVRW2019 #SAAM2019

Day 3 - Tuesday, April 9th

Theme:

The focus of Day 3 is fatal vehicle crashes. Distracted/reckless driving and driving while under the influence of drugs/alcohol causes many deaths in NH each year and services are available.



Twitter:

Sample Post #1:

The number of fatal vehicle crashes due to distracted & reckless driving, & driving while under the influence of drugs/alcohol increased in 2018. Victims, Inc. provides support & advocacy to those impacted by vehicular homicide. Learn more: <http://www.victimsinc.org/#NCVRW2019>

Sample Post #2:

Victims' Inc. works to keep the memory alive of those lost to vehicular homicide by creating powerful quilts to honor each victim. If you've lost a loved one to this crime & are interested in learning more, please contact Victims, Inc. here: <http://www.victimsinc.org/contact-us/#NCVRW2019>

Sample Post #3:

If you've sustained a personal injury as a result of persons driving under the influence of alcohol or controlled substances in #NH on or after 11/02/1989, you're eligible to apply to the NH Victims' Compensation Program. Learn more: <https://bit.ly/2TB3IKy> #NCVRW2019



Facebook:

Sample Post:

The number of fatal vehicle crashes due to distracted/reckless driving, and driving while under the influence of drugs/alcohol increased in 2018. Victims, Inc. provides support and advocacy to those impacted by vehicular homicide. Additionally, Victims' Inc. works to keep the memory alive of those lost to vehicular homicide by creating powerful quilts to honor each victim. If you've lost a loved one to this crime and are interested in learning more, please contact Victims, Inc. here: <http://www.victimsinc.org/contact-us/>. #NCVRW2019

Day 4 - Wednesday, April 10th

Theme:

Day 4 focuses on child abuse and child sexual abuse. There are over 25,000 cases of child abuse reported in NH each year and we're hoping you'll join us in raising awareness about the education programming and support services available to children and families who are impacted.



Twitter:

Sample Post #1:

Approx. 25,000 reports of child abuse are made in #NH each year. Everyone in NH is a mandated reporter & must report suspected child abuse. We all have a role to play in keeping children safe. Learn more about mandated reporting:

<https://bit.ly/2M9oODt> #NCVRW2019

Sample Post #2:

Last year, @NHCADSV's 13 crisis centers served 1,404 child victims of abuse, sexual abuse, & kids exposed to violence. For info on support services, please call the NH 24/7 hotline at 1-800-277-5570. Learn more about how to talk to your child :

<https://bit.ly/2H6FPPQ> #NCVRW2019

Sample Post #3:

.@NHCADSV's 13 crisis centers & @GSCANH provide education programming to help adults & children better identify & respond to child abuse & child sexual abuse. Please contact these organizations to learn more about how YOU can help keep #NH kids safe. #NCVRW2019

Sample Post #4:

Thousands of #NH children are impacted by abuse & sexual abuse each year. Every Granite Stater is a mandated reporter & has a responsibility to keep kids safe. Learn more about how to report suspected child abuse or neglect here:

<https://bit.ly/2W0v981> #NCVRW2019

Day 4 - Wednesday, April 10th



Facebook: Sample Post:

Approximately 25,000 reports of child abuse are made in #NH each year. Everyone in NH is a mandated reporter and must report suspected child abuse or neglect.

Learn more about how to report suspected child abuse or neglect here:

<https://bit.ly/2W0v981>

We all have a role to play in keeping children safe, and you can take action by bringing education programming to your school, workplace, or community. @NHCADSV's 13 crisis centers and @GSCANH provide training and programming to help adults and children better identify & respond to child abuse and child sexual abuse.

Learn more here:

NH's 13 crisis centers: <https://www.nhcadsv.org/member-programs.html>

Granite State Children's Alliance: <https://www.cac-nh.org/resources/education/>

#NCVRW2019

Day 5 - Thursday, April 11th

Theme:

Day 5 focuses on human trafficking and stalking. NH victims' services agency have seen an increase in the number of human trafficking and stalking victims they're serving, and it's our goal to shed light on the realities of these crimes in NH.



Twitter:

Sample Post #1:

Human trafficking is modern-day slavery in which victims are forced into labor or commercial sex through force, fraud or coercion. Human trafficking often goes undetected, but the reality is that these crimes do happen in #NH. Speak w/ an advocate at 1-800-644-3574 #NCVRW2019

Sample Post #2:

#NH was one of the first states to criminalize human trafficking activity & the @NHHTCTF along w/ allied organizations are working to support victims & raise awareness about these crimes. Learn more about human trafficking here: <https://bit.ly/2T2aXAE> #NCVRW2019

Sample Post #3:

Vulnerable populations like those experiencing substance abuse disorders, homelessness, survivors of domestic & sexual violence, & runaway youth are often targeted by traffickers. YOU can take action by contacting @NHHTCTF & bringing a training to your community. #NCVRW2019

Sample Post #4:

Stalking is a pattern of repeated & unwanted attention, harassment, contact, or any other conduct directed at a specific person – often making victims feel afraid & unsafe. If you or someone you know is being stalked, call the #NH confidential hotline: 1-866-644-3574. #NCVRW

Day 5 - Thursday, April 11th

Sample Post #5:

Technology safety is an important consideration for victims of stalking & human trafficking. Developing a technology safety plan with the support of an advocate can help keep you safe. Learn more about safety planning here: <https://bit.ly/2Q3K8eG> #NCVRW2019



Facebook:

Sample Post #1:

Human trafficking is modern-day slavery in which victims are forced into labor or the commercial sex industry through force, fraud or coercion. Human trafficking often goes undetected, but the reality is that these crimes do happen in #NH. Support services are available for victims of human trafficking and we encourage anyone impacted by these crimes to call the statewide hotline at 1-866-644-3574.

#NH was one of the first states to criminalize human trafficking activity and the @endtraffickingnh is working alongside allied organizations to improve our statewide response and raise awareness about these crimes. Vulnerable populations like those experiencing substance abuse disorders, homelessness, survivors of domestic and sexual violence, and runaway youth are often targeted by traffickers.

YOU can do your part to take action by contacting @endtraffickingnh and bringing a training to your community. #NCVRW2019

Sample Post #2:

Stalking is a pattern of repeated and unwanted attention, harassment, contact, or any other conduct directed at a specific person – often making victims feel afraid and unsafe. Technology safety is an important consideration for victims of stalking. Developing a technology safety plan with the support of a confidential advocate can help keep you safe. Learn more about safety planning from @NHCADSV here: <https://bit.ly/2Q3K8eG> #NCVRW2019

If you or someone you know is being stalked, please call the #NH 24/7 statewide hotline at 1-866-644-3574.

#NCVRW

Day 6 - Friday, April 12th

Theme:

The focus of Day 6 is elder abuse and financial exploitation. Thousands of reports of elder abuse and neglect are made in NH each year. Share information about resources available to vulnerable adults in NH.



Twitter:

Sample Post #1:

In 2018, NH Adult Protective Services received 3,156 reports of emotional abuse, exploitation, neglect, physical & sexual abuse & more. 2,356 of these reports involved citizens over the age of 60. If you suspect elder abuse/neglect, report here: <https://bit.ly/2T32dKx#NCVRW2019>

Sample Post #2:

Elder abuse is any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or serious risk of harm to a vulnerable adult. More info: [@NHCarePath](https://bit.ly/2TMkD6D) & [@211NH](https://bit.ly/211NH) connect vulnerable adults & loved ones to #NH services. #NCVRW2019

Sample Post #3:

Vulnerable & elder adults are often victims of financial scams or exploitation. For more information about the warning signs of financial exploitation, preventative measures you can take, & helpful resources from @AARP, click here: <https://bit.ly/2mQmqGb> #NCVRW2019

Sample Post #4:

During National Crime Victims' Rights Week, we'd like to remind everyone that the #NH Victim's Compensation Program can help victims of elder abuse with expenses directly related to crime injuries. Learn more here: <https://bit.ly/2TB3IKy> #NCVRW2019

Day 6 - Friday, April 12th



Facebook:

Sample Post #1:

Elder abuse is any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or serious risk of harm to a vulnerable adult. Learn more about elder abuse and exploitation here: <https://bit.ly/2TMkD6D>

In 2018, #NH Adult Protective Services received 3,156 reports of emotional abuse, exploitation, neglect, physical abuse, sexual abuse, and more. 2,356 of these reports involved citizens over the age of 60. If you suspect elder abuse/neglect, please report here: <https://bit.ly/2T32dKx>. We all have a responsibility to keep our vulnerable neighbors and fellow Granite Staters safe.

Did you know that vulnerable and elder adults are often victims of financial scams or exploitation? For more information about the warning signs of financial exploitation, preventative measures you can take, and helpful resources from @AARP, click here: <https://bit.ly/2mQmqGb>

We would like to remind everyone that the #NH Victims' Compensation Program can help victims of elder abuse with expenses directly related to crime injuries. Learn more and apply here: <https://bit.ly/2TB3IKy>

Elder abuse and exploitation resources:

NH Adult Protective Services: <https://bit.ly/2TMkD6D>

@NHCADSV's 13 crisis centers: <https://bit.ly/2CcQHpt>

ServiceLink: <https://bit.ly/2u7ZeGF>

NH 211: <https://www.211nh.org/>

AARP Fraud Watch Network: <https://bit.ly/2mQmqGb>

#NCVRW2019

Day 7 - Saturday, April 13th

Theme:

The focus of Day 7 is domestic violence. Last year, NH's crisis centers served 9,098 adult victims of domestic violence & 243 children exposed to domestic violence - help us raise awareness about the warning signs of abuse and resources available in NH.



Twitter:

Sample Post #1:

Domestic violence is a pattern of coercive behavior used by one person to gain & maintain power & control over another in the context of an intimate or familial relationship. Thousands of Granite Staters are impacted each year. Learn more here: <https://bit.ly/2TOylGa> #NCVRW2019

Sample Post #2:

Last year, @NHCADSV's 13 crisis centers served 9,098 victims of domestic violence & 243 children exposed to domestic violence. #NH advocates are available 24/7 to provide free & confidential support. To speak w/ an advocate call the statewide hotline at 1-866-644-3574 #NCVRW2019

Sample Post #3:

Did you know that financial abuse is present in 98% of domestic violence relationships? Crisis center advocates & AmeriCorps Victim Assistance Program members provide financial empowerment programming to survivors. Learn more from @NHCADSV: <https://bit.ly/2HyZ4jJ> #NCVRW2019

Sample Post #4:

#NH domestic violence victim/survivors or immediate family members of homicide victims are eligible to apply for assistance from the NH Victims' Compensation Program. Learn more & apply here: <https://bit.ly/2TB3IKy> #NCVRW2019

Day 7 - Saturday, April 13th



Facebook:

Sample Post #1:

Domestic violence is a pattern of coercive behavior used by one person to gain and maintain power and control over another in the context of an intimate or familial relationship. Thousands of Granite Staters are impacted each year. Learn more about the realities of domestic violence here: <https://bit.ly/2TOylGa> #NCVRW201

Last year, @NHCADSV's 13 crisis centers served 9,098 victims of domestic violence and 243 children exposed to domestic violence. #NH advocates are available 24/7 to provide free and confidential support, as well as accompaniments to the hospital, police station, court, and more. Emergency shelter services are also available to victim/survivors of domestic violence and their children. To speak with an advocate and discuss your options, please call the statewide hotline at 1-866-644-3574

#NCVRW2019

Resources

NH Coalition Against Domestic & Sexual Violence: <https://www.nhcadsv.org/>

NH's 13 Crisis Centers: <https://bit.ly/2CcQHpt>

- 24/7 statewide domestic violence hotline: 1-866-644-3574
- 24/7 statewide sexual assault hotline: 1-800-277-5570

NH Victims' Compensation Program: <https://bit.ly/2Hoas2H>

Victims, Inc.: <http://www.victimsinc.org/>

NH Office of Victim/Witness Assistance: <https://bit.ly/2Tbs6rS>

NH Campus Consortium Against Sexual and Interpersonal Violence:
<https://nhcampusconsortium.org/>

Granite State Children's Alliance: <https://www.cac-nh.org/>

NH Human Trafficking Collaborative Task Force: <https://bit.ly/2u500V3>

NH Legal Assistance: <http://www.nhla.org/>

ServiceLink: <https://bit.ly/2TQQpzu>

Adult Protective Services: <https://bit.ly/2T32dKx>

Division for Children, Youth, and Families: <https://bit.ly/2XZSUyD>