IT'S TIME TO TALK ABOUT SEXUAL ASSAULT

GRANITE STATE RESPECT

WEEK 2022
Feb. 14th-18th

#TDVAM2022 #RespectWeekNH
Granite State RESPECT Week is a project of the New Hampshire Coalition Against Domestic and Sexual Violence and our 12 member programs.

We are grateful to these organizations for their generosity and commitment to preventing harassment, violence, and abuse before they occur.
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GOALS OF GRANITE STATE RESPECT WEEK

- Raise awareness about teen dating violence
- Provide teens, schools, and communities with the tools to address, respond to, and prevent harassment, abuse and violence
- Promote healthy relationships and foster a respectful environment in NH schools
- Connect teens to support services in their community
PROMOTION PLAN

1. Add information to your school's website & social media pages
   Recommended Timeline: Complete by January 31st

2. Send an email to parents and teachers
   Recommended Timeline: Complete by February 3rd

3. Print and post flyers around your school
   Recommended Timeline: Complete by February 10th
   Flyers can be found at the end of this toolkit

SAMPLE SOCIAL MEDIA LANGUAGE

School website and Facebook:
It’s time to talk about sexual assault and teen dating violence. That’s why we’re excited to be participating in Granite State RESPECT Week, a statewide educational campaign presented by the New Hampshire Coalition Against Domestic and Sexual Violence and its 12 member programs! During Teen Dating Violence Awareness Month 2022, [INSERT SCHOOL NAME] will be implementing a week-long project that aims to raise awareness about sexual violence; provide teens, schools, and communities with the tools to prevent and respond to harassment, abuse, and violence; promote healthy relationships and foster a respectful environment in our schools; and connect students to support services in our community. We will be participating in RESPECT Week from February 14-18, 2022 and we hope you will join us in taking action. Together we can talk about and end sexual assault. #RespectWeekNH

Twitter:
1. We’re excited to participate in @NHCADSV’s 5th annual Granite State RESPECT Week! Together we can end teen dating violence! #RespectWeekNH #TDVAM2022

2. We’re one of many schools across #NH participating in #RespectWeekNH to raise awareness about sexual assault and promote taking a stand against sexual violence. #TDVAM2022

3. It’s time to talk about sexual assault. We’re participating in #RespectWeekNH to raise awareness about teen dating violence and unhealthy school culture. #TDVAM2022
It's Time To Talk About Sexual Assault!

We know that sexual assault occurs most often between people who know each other and in a myriad of contexts, including between peers, students and teachers, or family members. Sexual assault is commonly a form of abuse identified in violent teen dating.

One in nine female high school students and one in 36 male high school students reported experience sexual dating violence in the last year (CDC). Of teens who were in violent relationship, only 33% ever told anyone about the abuse (loveisrespect.org).

Knowing these statistics, it is clear that teens need more training and resources to teach them how to recognize, prevent, and speak out against sexual violence, both in their own lives and in the broader community.

In the end, we are all responsible for creating safe and respectful environments in our schools and communities. By showing kindness, understanding, and a willingness to confront sexual violence, we can each support our peers and change the culture in our schools. The idea of making a change like that can seem daunting, but by becoming aware of the signs of unhealthy relationships and behaviors, sexual harassment, and sexual assault we can learn how to address difficult topics in both large and small ways.

We can listen and support those in our lives who are impacted by harassment, abuse, and violence. We can change our behaviors to be the most respectful, healthy people and partners we can be. We can use our voices to speak out against dangerous actions and abuses of power. Together, we can create a safer and more respectful culture in our schools and communities.

We ALL have a role to play in combating teen dating violence and promoting healthy relationships. That is why it is time to start talking about sexual assault.
SAMPLE EMAIL LANGUAGE

Sample email for parents:
Dear [INSERT SCHOOL NAME] Parents,

We are excited to share that we will be participating in Granite State RESPECT Week this month. RESPECT Week is intended to raise awareness about sexual violence, teen dating violence, and unhealthy relationships and foster a respectful environment in our school. The campaign will take place from February 14-18 and we’re looking forward to engaging in conversations and activities centered on creating and upholding a safe and healthy learning environment at our school.

We will keep you updated on all school-wide and community-based events, and we encourage you to follow up with your student before, during, and after RESPECT Week to learn more about the community resources we will be highlighting throughout the week and identify ways in which you can support our efforts to prevent harassment, abuse, and violence.

Please don’t hesitate to reach out with any questions. We hope you will join us in spreading the word about RESPECT Week and working to promote important discussions and respectful relationships at our school.

Thank you!
[INSERT NAME]

Sample email for teachers:
Dear [INSERT SCHOOL NAME] Teachers,

We are excited to share that we will be participating in Granite State RESPECT Week this month. RESPECT Week is intended to raise awareness about sexual violence, teen dating violence, and unhealthy relationships and foster a respectful environment in our school. The campaign will take place from February 14-18 and is modeled after a spirit week in that each day has its own theme.

We will keep you updated on all school-wide events and encourage you to integrate activities into your classes during RESPECT Week to engage students in important conversations about harassment, abuse, and violence. Attached to this email we have included a guide that outlines easy-to-implement activities for each day of RESPECT Week. If you have any questions about facilitating classroom-based activities, please don’t hesitate to reach out to emily@nhcadsv.org for assistance.

We hope you will join us in spreading the word about RESPECT Week and working to promote important discussions and respectful relationships at our school.

Thank you!
[INSERT NAME]
Identify an individual or group to take the lead

In order to stay organized and to ensure that RESPECT Week is a success at your school, it is essential to have a group or an individual who will oversee the project from start to finish. Last year, this project was implemented by athletic teams, clubs, community service groups, and student councils - it’s up to you to choose what’s right for your school!

Decide which school-wide activities to implement

Next, determine which school-wide activities you would like to implement. We encourage you to customize RESPECT Week to make it your own, and to be creative in the implementation of this project. RESPECT Week can be easily adjusted to meet your school’s needs so you can make the most of the week!

Divide responsibilities and assign roles

Now that you have decided which activities you will be implementing, assign each day or activity to a member of your group. At each group meeting, you can allow time for everyone to provide an update on their day and/or activity and leave time for a group discussion to identify goals and next steps.

Outline a plan to promote the campaign

Use the flyers provided in the toolkit and the recommendations in the Promotional Plan to determine the best ways for your school to spread the word about RESPECT Week. Notify parents and teachers of your plans.
DAILY BREAKDOWN

DAY 1:
RECOGNIZE HEALTHY RELATIONSHIPS

Overview: Teach students the characteristics of healthy, unhealthy, and abusive relationships. Students will learn how to identify these relationships in their own lives and what resources are available to them.

Sample Language for Morning Announcements:

Good morning! February is Teen Dating Violence Awareness Month and this year [INSERT SCHOOL NAME] will be participating in a week-long educational campaign called Granite State RESPECT Week! RESPECT Week aims to promote healthy relationships and prevent teen dating violence in schools across New Hampshire. As [INSERT SCHOOL MASCOT]'s, we strive to treat each other with respect and ensure our school and peers are as happy, healthy, and as safe as they can possibly be. That's why today, we're going to focus on recognizing healthy relationships. Defining healthy, unhealthy, and abusive relationships and identifying unhealthy and abusive behaviors are the first steps in being able to call out harassment, abuse, and violence. Throughout the school today you will see posters that outline the relationship spectrum. In between classes, please take a moment to review the information and start practicing recognizing unhealthy behaviors that create an unsafe environment. Let's kick off Granite State RESPECT Week and show everyone that [INSERT SCHOOL MASCOT]'s value respect and healthy relationships!

School-Wide Activity: Recognize Healthy Relationships

On the next page please find the relationship spectrum. In the classroom, encourage discussion about what characteristics students notice in healthy, unhealthy, and abusive relationships. Use the relationship spectrum as a tool to create shared definitions among your students and to discuss examples of each type of relationship outlined. School wide, setup an area for students to write or illustrate what a healthy relationship looks like to them. Use these to create a wall of attributes of healthy relationships that your school community strives towards.
The relationship spectrum
All relationships exist on a spectrum from healthy to abusive, with unhealthy somewhere in the middle.

Healthy relationships are based on equality & respect
You make decisions together and can openly discuss whatever you’re dealing with, like relationship problems and sexual choices. You enjoy spending time together but can be happy apart.
- respect
- good communication
- trust
- honest
- equality

Unhealthy relationships are based on attempts to control the other person
One person tries to make most of the decisions. He or she may pressure their partner about sex or refuse to see how their actions can hurt. In an unhealthy relationship, you feel like you should only spend time with your partner.
- breaks in communication
- pressure
- dishonesty
- struggles for control
- inconsiderate behavior

Abusive relationships are based on an imbalance of power & control
One person is making all the decisions—about sexual choices, friend groups, boundaries, even what’s true and what’s not. You spend all of your time together and feel like you can’t talk to other people, especially about what’s really happening in your relationship.
- accusations
- blame shifting
- isolation pressure
- manipulation

For resources and support in your own community, call NH's 24-hour helpline at 1-866-644-3574
Social Media Challenge Day 1
How students can engage with their learning online

Healthy Relationship Spotlight

In today's post, highlight what you have learned about healthy relationships by posting about a healthy relationship in your life. This doesn't have to be a romantic partner, it can be a family member, a friend, or anyone who models healthy relationships in your life. Remember to use the GSRW Hashtags #TDVAM2022 and #RespectWeekNH

Relationship Spectrum Extras
Additional information and support for your school community

Relationship Spectrum Quiz and Information

Students seeking additional information on healthy relationships may be interested in taking Love is Respect’s healthy relationship quiz. This can be found at https://www.loveisrespect.org/quiz/relationship-spectrum-quiz/

Love is Respect contains great resources and advice for teens who may be experiencing an unhealthy or abusive relationship. If students are being provided this quiz please include information on resources from your local crisis center too.

For access to a half-page handout with a QR code and link to the quiz with information on how to get connected with your community's crisis center, please contact emily@nhcadsv.org

All of our day 1 educational content comes from Love is Respect and their website contains information that may be helpful for educators and students. https://www.loveisrespect.org/everyone-deserves-a-healthy-relationship/relationship-spectrum/
DAY 2: Change the Narrative

Overview: In our lives, we should feel empowered to stand up and speak out against unhealthy behaviors and to interrupt dating violence and sexual assault when we see it.

Sample Language for Morning Announcements:

Good morning [INSERT SCHOOL NAME]! Today is Day 2 of Granite State RESPECT Week and today’s theme is “Change the Narrative.” In our lives, we should feel empowered to stand up and speak out against unhealthy behaviors and to interrupt sexual harassment and sexual assault when we see the signs. Whether you’re standing up for a friend or speaking out against systemic abuse, we should do our best to stop problematic behavior and start a broader conversation. It will take each and every one of us raising our voices to promote respect in order to eliminate harassment, abuse, and sexual violence. Throughout the school day today you will learn about bystander intervention. We encourage you to discuss these strategies with your friends and family in order to spread awareness about how to interrupt sexual violence.

School-Wide Activity: Ideas to Change the Narrative

A key component to ending sexual violence is knowing how to interrupt unhealthy behaviors and know how to be an active bystander. On the next page you will find the 4 D’s for Bystander Intervention strategies. Please post these throughout the school.

In order to have students practice bystander intervention, set up a table with sticky notes in front of a wall on which you post hypothetical scenarios, that your students may encounter. Encourage students to write down a strategy they could use to interrupt this situation and post it around the scenario on the wall. We recommend having a table set up at the start of the school day, during lunch periods, and between classes so students have the opportunity to participate throughout the day.

This activity can also be run in the classroom. Review the 4 D’s for Bystander Intervention before you begin. Display the scenarios around the classroom and invite students to read through activities and post the strategy they would use. After this is complete, discuss students’ responses as a group.
The 4 D's of Bystander Intervention

Distract
Distraction is a subtle and creative way to intervene. Distract either the harasser or the target with conversation unrelated to the harassment to derail and de-escalate the situation. Examples: Ask for directions; Spill your drink “accidentally;” Pretend you know one of them.

Delegate
Bring in a 3rd party to help, possibly someone with more perceived authority. Examples: Alert a store manager, bus driver, club bouncer, or someone else to help intervene. Do not call the police unless requested.

Direct
Respond directly to the person saying making an inappropriate joke or comment. You can say “that’s not funny” or “that’s not ok”

Delay
If you can’t intervene in the moment, you can check in with the person being harassed afterwards to see if you can do anything to support them, illustrating that they are not alone. Examples: “Is everything okay? Is there anything I can do?” “Is there someone we can call?” “Can I buy you a cup of coffee?”

For resources and support in your own community, call NH’s 24-hour helpline at 1-866-644-3574

Source: www.afsc.org/SanctuaryEverywhere
Your buddy Marco says to you and a group of friends, “I have a good joke for you.” You get a little smile on your face waiting to have a good laugh but instead you hear a joke that is really offensive and degrades women. It describes a situation where a woman is sexually assaulted and too drunk to even get dressed. You are really surprised that this group of friends would find this joke at all funny and you say so. These friends start to tease and berate you and won’t let it go. The teasing escalates and these guys start to get physical with you. What do you do?
Your friend Matt keeps texting Reese, a girl he is interested in and just started to date. He gets visibly angry and annoyed that she’s not texting back so he wants to drive by her house and see if he can find her. You try to discourage Matt from doing so but he is also your ride home from school so you end up having to go with him. You drive by the girl’s house and she is not home. He continues to text her messages with no response. You notice on his phone that his messages are becoming threatening.

What would you do?
Social Media Challenge Day 2

How students can engage with their learning online

Change the Narrative: On Your Feed

In today's post, use your platform to change the narrative. Distract from the negativity that pops up on your peers feeds by posting anything positive. Focus on self-love and sharing the things that bring you joy with your social media followers.

Remember to use the GSRW Hashtags #TDVAM2022 and #RespectWeekNH

Tips for Facilitating on Scenarios

How to discuss each bystander intervention scenario with students

Audrie and Daisy In the Classroom

Today's scenarios come from the Audrie and Daisy In the Classroom Guide's lesson 4 "Stepping Forward and Speaking Out: From Bystander to Upstander"

The full guide can be found at the link below and is a great resource for educators looking to facilitate a conversation around the scenarios in this kit.


There are several scenarios in the guide that are more advanced if you are looking to have a conversation with upper high school students or a group of student leaders or advocates.

Here are some questions to prompt your students to think and continue to talk about the scenarios provided.

Matt and Reese:

- What kind of relationship do Matt and Reese seem to have? Is it unhealthy? Is it abusive?
- Are you concerned about your safety in this situation? What about Reese’s?
  - Feeling unsafe is valid here. What strategies ensure that everyone is safe?
- After taking an intervention strategy, who can you talk to? Where can you, Matt, and Reese get help?

Marco:

- Where have you seen "jokes" like this? Is this something we tend to normalize?
- How do you think Marco feels as everyone goes along with this?
- If you were Marco, is there someone you would talk to outside the friend group?
- How could you illustrate to Marco and your friends that "jokes" like this are harmful?
DAY 3:
KNOW YOUR IX

Overview: Raise awareness about Title IX, its protections, and its requirements of schools.

Sample Language for Morning Announcements:

Good morning! Thank you to everyone who has participated in the school-wide activities so far during Granite State RESPECT Week! We’re proud to see so many [INSERT SCHOOL MASCOT]s engaging and taking action during Teen Dating Violence Awareness Month. Today, on Day 3, we are focusing on Title IX and the protections it provides to students. We want you to know your rights and what the law requires our school to do to protect us all from sex discrimination. Throughout the day today, you will be learning about your rights as a student under Title IX. For today’s RESPECT Week activity, you will receive a chance to win a prize by stopping by our Title IX coordinator, [INSERT COORDINATOR’S NAME]’s office. Let’s stand together to make a commitment to Title IX compliance and the end of sex discrimination!

School-Wide Activity: Visit your Title IX Coordinator

On the next page you will find a Title IX Overview to provide to students. The Title IX Overview outlines the basic protections and requirements under Title IX that all students and employees are protected under. We encourage you to have a copy of this overview available throughout the day and in classrooms, so every student can receive a copy. There is also a poster containing definitions of common terms in the Title IX process at the end of this kit. Helping students identify the Title IX Coordinator and their rights can help empower them to speak out against unhealthy behaviors and reach out for help and support. For the visit activity, setup a table in or near the office of your school’s Title IX coordinator. Provide extra copies of the Title IX Overview as well as one of our Respect Week swag items that you have not given out yet. If your school has the resources to do so, you may also offer a raffle prize for students in addition to or instead of the swag item. This could even be something low to no cost, like lunch with a favorite administrator.
A Student's Guide to Title IX

What Is Title IX?
Title IX is part of the Education Amendments Act of 1972 and makes it illegal for any school to discriminate (treat someone differently or worse) against you based on sex (which includes your gender identity or sexual orientation). Title IX protects your right to an education free from gender-based violence (sexual harassment, sexual assault) or discrimination.

Your Rights Under Title IX
1. You have the right to know what your school’s policies on gender-based violence are and have them be easy to find and understand.
2. If you report a sex-based discrimination under Title IX, you have the right to have that report investigated in a timely and fair way.
3. You have the right to finish your Title IX report in the way that feels best for you, whether that involves a formal investigation, an alternative solution, or supportive measures, and to be fully informed of any decision.
4. You have the right to talk about your experiences of sexual violence or discrimination and your experience with the Title IX process after the investigation is done.
5. You have the right not to be retaliated against (punished in exchange for speaking out) by the person who hurt you, your school, your school administrators, your teachers, or other students.

The Title IX Process

Step 1: Make a Report
Contact your school’s Title IX Coordinator and set up a meeting.

Step 2: Meet with Title IX Officer & Supportive Measures (1 week later)
Officer will explain process to you. Decide whether you want to make a formal complaint. The school will let you know what help is available for you. You can access this help even if you don’t make a formal complaint.

Step 3: Respondent is Notified (2-3 weeks later)
If you file a formal complaint, the Respondent (person who hurt you) will be notified about the complaint and investigation. They will receive a summary of your complaint.

Step 4: Investigation (2-12 months)
An investigator talks to you and the respondent. You can suggest witnesses or questions. After your interview, a summary is made of your answers and the respondent’s answers. You can review this and make corrections. After the interview and summary, the investigator makes a final report of what they found. You can decide to move forward with a hearing or try another way to solve things.

Step 5: The Hearing (1-3 days)
A formal meeting in front of a hearing officer (person who is in charge of the hearing, like a judge) where you and the respondent talk about and answer questions about your experiences. An advocate/advisor is there to ask the questions for you and another asks the questions for the respondent. Witnesses share their stories.

Step 6: Finding Issued (1-2 weeks later)
The hearing officer or panel decides whether or not the respondent is responsible (or guilty). If the respondent is responsible, they may be disciplined (punished). If the decision is not what you hoped for, you can appeal.

Making a Title IX complaint can be hard. You may feel lonely or overwhelmed. It is important to know that you are not alone. Here are several ways you can connect with others who have similar experiences: attend a support group in your area, join an online forum, look into how to become an advocate and support others.
Social Media Challenge Day 3
How students can engage with their learning online

Share Your Knowledge

In today’s post, highlight what you have learned about your rights under Title IX. Post what you believe is the most important thing for all students to know regarding their rights under Title IX.
This can be your #TitleIXTip
Remember to also use the GSRW Hashtags #TDVAM2022 and #RespectWeekNH

We Can All Learn About Title IX

Consider how you can use GSRW to educate staff too

Title IX Tips for Educators

Title IX is a complicated and ever-changing policy that can be challenging for educators to keep up with given all of their other responsibilities. Take this time spent educating students on their rights and on teen dating violence to consider as a staff where there may be gaps in knowledge or a need for a refresher.

Consider setting aside some time in a staff meeting to discuss Title IX. Remind your colleagues of the policies in place at your school, and hold space for school faculty and staff to ask questions.

You are not alone in navigating Title IX. Community resources such as your local crisis center want to help you in navigating Title IX. Their goal is to provide comprehensive support to victims and survivors in the community. Consider reaching out to your crisis center for guidance or to request a training on your next professional development day.
DAY 4: BE RESPECTFUL

Focus: Highlight the importance of active engagement with issues of sexual assault and emphasize the importance of advocacy and accountability in schools, communities, and media.

Sample Language for Morning Announcements:
Good morning [INSERT SCHOOL NAME]! Day 4 of Granite State RESPECT Week is about the importance of speaking out about sexual assault in all aspects of your life. By demanding action, we can hold our school and community accountable for their reactions and policies regarding sexual assault. Throughout the day, we will be working to build a comment wall for what we want survivors in our school to know. We invite you to fill out a sticky-note with something you would like to tell a survivor and add it to the wall. This wall will serve as a reminder to all of us that an individual voice or single comment can create incredible comfort and change. We would also like to ask everyone to wear orange tomorrow in honor of Teen Dating Violence Awareness Month. Remember, even through small actions, we can speak out to effect change!

School-Wide Activity: RESPECT Wall
Set up a table with sticky notes and encourage students to write kind words of support for peers who may have experienced sexual violence or teen dating violence or who may just need some extra words of kindness on the sticky note and stick it to the designated wall. Students can be encourage to “take what they need” if they see a note that really resonates with them. We recommend having a table set up at the start of the school day, during lunch periods, and between classes so students have the opportunity to participate throughout the day. The goal of this activity is to cover a wall or designated space in your school with messages of support.
RESPECT Wall

Grab a sticky note and write a kind note to a peer. These words are for someone who...

Has experienced teen dating violence,

Has experienced sexual assault, or

Who may need some extra kindness today

When you have finished writing your note, stick it to the RESPECT Wall.

Take some time to read notes from your peers. If you find a note that really helps you, feel free to take it off the wall and carry it with you as long as you need to.

This RESPECT Wall represents your commitment to standing up against violence by spreading kindness within your community.
Keep the RESPECT Going

In today’s post, take some time to continue to spread words of kindness beyond your community. Share what you wrote on the RESPECT wall, a message you read from a peer on the wall, or a kind and uplifting quote that you find online.

Remember to also use the GSRW Hashtags #TDVAM2022 and #RespectWeekNH

Discuss RESPECT in Class

Dive beyond the wall into a serious conversation about RESPECT

Decode Media Messages About Consent in Your Classroom

The RESPECT wall activity starts action among peers to offer kindness and respect to one another in order to prevent violence, but there are larger conversations to be had here. Consider taking some time to bring discussions about consent and respect into the classroom.

The activity below is designed to help students identify ways that consent is not accurately portrayed in the media and identify strategies for talking about consent. The full facilitator guide including videos can be found at the link below.

DAY 5:
STAND STRONG

Overview: Review the characteristics of a positive and active bystander and how talking about sexual assault can effect change in your school, and ask all students, teachers, and administrators to take a pledge to continue these conversations and activism.

Sample Language for Morning Announcements:
Thank you all for your engagement this week—it’s inspiring to see so many students, teachers, and administrators demonstrate their commitment to fostering important discussions and upholding a safe and respectful environment in our school! This week, we have learned how to recognize sexual assault, interrupt unhealthy behaviors, know our Title IX rights, speak out, and stand together to eliminate harassment, disrespect, and violence at our school. Today, we focus on how we can work together to make our school and community a kinder, more compassionate, respectful place. When we have frank conversations about sexual violence and all of us commit to interrupting violence and speaking out, we signal that we value survivors and will not tolerate disrespect and sexual violence. Please join us in showing your commitment by gathering together while wearing our orange and being part of our photo to show that [INSERT SCHOOL NAME] stands strong against sexual harassment and assault. YOU have the power to show survivors of harassment and violence that you stand with them. YOU have the power to make your peers feel safe at school. YOU have the power to prevent violence and harassment before it happens. YOU have the power to lead by example, standing strong together and speaking out against sexual assault.

School-Wide Activity: Stand Strong Together & WEAR ORANGE DAY
Today students and staff are encouraged to wear orange to show their support for survivors and their commitment to ending sexual assault. Designate a time and place for students to come together to stand up against sexual assault.
Students can fill out the worksheet below to reflect on what they have learned during RESPECT Week and create a pledge for how they will stand up against sexual assault and teen dating violence in their community. This can be completed individually or in groups. Students should be encouraged to share their pledges they are making with peers and their community.
Use the space on this page (or a notebook or separate page) to think about what pledge you will make to stand strong against teen dating violence and sexual assault after RESPECT Week.

Consider some of the following questions...
What have you learned during RESPECT Week?
What are some causes of teen dating violence and sexual assault?
How can teen dating violence and sexual assault be stopped?
What measures are there in place to protect students? Can these be changed or improved?
How can you help your peers? How can you help your community?
What does RESPECT Week mean to you?

24/7 CONFIDENTIAL STATEWIDE HOTLINE: 1-866-644-3574
I Pledge to STAND STRONG Against Teen Dating Violence and Sexual Assault

I WILL...
Keep the RESPECT Going

In today’s post, share with your online community your pledge to stand strong. Share the pledge you made in school today, something you have learned this week, or what participating in Respect Week has meant to you.

Remember to also use the GSRW Hashtags #TDVAM2022 and #RespectWeekNH

Bring Community Together

Community activities that expand on the work you have done this week

Panel Discussion

Host a panel discussion and invite advocates, law enforcement, a teacher from your school, and a representative from your local college/university to participate. Each of these professionals brings a unique perspective on how to combat harassment, abuse, and violence. Hosting a panel discussion is a great way to engage teens, parents, and community members in important conversations about healthy relationships and share more about resources in your community.

Respect-Themed Game

Invite athletic teams at your school to organize and host a “RESPECT Game” during Teen Dating Violence Awareness Month. Players can compete in orange (the color of TDV awareness) and you can invite your local crisis center to table at the event to connect spectators with support services. This is a great way to raise awareness throughout your greater community and strengthen your relationship with your crisis center. We encourage coaches to notify the NHIAA before scheduling a RESPECT-themed game.
GRANITE STATE RESPECT WEEK

FEBRUARY 14-18 2022

Lead with RESPECT
DAY 1 - MON. 2/14
Recognize Healthy Relationships

DAY 2 - TUE. 2/15
Change the Narrative

DAY 3 - WED. 2/16
Know Your Title IX

DAY 4 - THU. 2/17
Be Respectful

DAY 5 - FRI. 2/18
Stand Strong

24/7 CONFIDENTIAL STATEWIDE HOTLINE: 1-866-644-3574
CHARACTERISTICS OF A HEALTHY RELATIONSHIP

- Respect
- Safety
- Support
- Individuality
- Fairness and Equality
- Acceptance
- Honesty and Trust
- Communication

24/7 CONFIDENTIAL STATEWIDE HOTLINE: 1-866-644-3574
Title IX Terms to Know

Appeal—The process of challenging Title IX decision to try to change the outcome.
Complainant—The person who files the Title IX complaint, usually you the survivor.
Complaint—The report or document that explains the harassment, assault, or other harmful behavior you are complaining about.
Finding—The decision in a Title IX case that finds the Respondent responsible or not responsible (guilty or not guilty) for your complaint.
Hearing—A formal meeting before a hearing officer or panel in where the Complainant and Respondent share their experiences and argue whether school policy was violated and if the Respondent is responsible.
Hearing Officer—The person who presides over a hearing like a judge would a courtroom.
Respondent—The person in who is accused of harming, assaulting, or harassing you, the Complainant.
Retaliation—Punishment for asserting your rights. It is illegal for your school to punish you for reporting or participating in a Title IX case.
Sexual harassment—A variety of unwanted or inappropriate behavior that may include unwanted touching, inappropriate jokes, comments, or gestures, teasing, or offers to do something nice for you (buy you gifts, give you a good grade, etc.) in exchange for a sexual act.
Sexual assault—Physical invasion of your body. This is a crime.
Supportive measures—Actions or changes made by your school to help you during and/or after the Title IX process, including transferring you to another class, giving you an extension on schoolwork, etc.
Title IX Coordinator—The person at your school whose job it is to make sure your school is following Title IX rules. They respond to complaints, start the investigation, and understand Title IX rules.
RESPECT WEEK

SOCIAL MEDIA CHALLENGE
#TDVAM2022 #RESPECTWEEKNH

FEBRUARY 14-18 2022

DAY 1 - MON. 2/14
Post about someone you have a healthy relationship with. This can be a family member, a friend, or anyone who models healthy relationships in your life.

DAY 2 - TUE. 2/15
Use your platform to change the narrative. Use today to post anything positive. Focus on sharing things that bring you joy with your social media followers.

DAY 3 - WED. 2/16
Highlight what you have learned about your rights under Title IX. Post the most important thing for all students to know regarding their rights under Title IX. #TitleIXTip

DAY 4 - THU. 2/17
Continue to spread kindness. Share what you wrote on the RESPECT wall, a message you read from a peer, or an uplifting quote.

DAY 5 - FRI. 2/18
Share what you have learned. This can be the pledge you made at school, something you have learned this week, or what participating in RESPECT Week has meant to you.

24/7 CONFIDENTIAL STATEWIDE HOTLINE: 1-866-644-3574
It's Time
To Talk About
SEXUAL ASSAULT!

TOGETHER WE CAN END
TEEN DATING VIOLENCE

24/7 CONFIDENTIAL STATEWIDE HOTLINE:
1-866-644-3574
WWW.NHCADSV.ORG

the coalition
AGAINST DOMESTIC & SEXUAL VIOLENCE
RESPECT
NEXT STEPS

1. Send your thoughts and feedback around Granite State RESPECT Week 2022 to the Coalition by emailing emily@nhcadsv.org.

2. Reach out to your local crisis center to request information and resources that can be available in your main office and counseling office.

3. Make sure information about your local crisis center and other community resources are easily accessible on your school's website and printed materials.

4. Invite your local crisis center to facilitate age-appropriate programming in your classes, to train staff on their reporting requirements, and provide information to faculty/administrators about best-practices when addressing these issues in your school.

5. Send an email to parents to share information about your local crisis center so they're aware of the free and confidential support services that are available in your community.

6. Review your school's sexual misconduct policies and reach out to the Coalition for guidance when strengthening existing policies or crafting model policies.

7. Talk to students about the interest in creating a "Respect" club or organization that aims to continue these conversations and build upon this initiative beyond Teen Dating Violence Awareness Month.
RESOURCES

Support for survivors and their loved ones:
NH's 24/7 Sexual Assault and Domestic Violence Hotline: 1-866-644-3574

Creating Safe School Environments:
Love is Respect Middle School Educators Toolkit: [https://bit.ly/2QEv9Yf](https://bit.ly/2QEv9Yf)

Policies:

Parents: